

NEWSLETTER

September 2023

Peter Dawson Lodge
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Editor's Desk

Hello Residents, Families and Friends!

What a hot August!

Just like the leaves in fall things are constantly changing at the lodge. New Residents, new staff and we always manage to become a family. It is a different type of family than the traditional family, but we are family. Caring for each other through the good and bad times forever changing us.

Often, we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, each has the potential to change a life. If you have a concern or just need a friendly visit, please stop by, my door is always open.

Keep Safe!

Janice Povey



September Trivia

More people are born in September than any other month! Which means that September babies were conceived in the December holiday period... 😊

Zodiac signs: **Virgo & Libra**
Birthstone: **Sapphire**
Flower: **Morning Glory**

Quote of the Day

Without music, life is a journey through a desert.

- Pat Conroy

September Birthdays

In September, we celebrate birthdays with:

- **Resident – Laura September 8th**
- **Resident – Albert September 13th**
- **Resident – Gerald September 15th**
- **Care-aid/cook – Amber September 17**
- **Resident – Hans September 28th**



Freddie Mercury, Musician, 5th September, 1946

Buddy Holly, Musician, 7th September 1936

Peter Sellers, Actor, 8th September 1925

Agatha Christie, Writer, 15th September 1890

Lauren Bacall, Actor, 16^h September 1924

Lance Armstrong, Cyclist, 18th September 1971

Stephen King, Author, 21st September 1947

Andrea Bocelli, Singer, 22nd September, 1958

Bruce Springsteen, Singer, 23rd September 1949

Michael Douglas, Actor, 25th September 1944

Virgo (Aug 22 - Sep 22)

Logical, practical, and systematic in their approach to life. Perfectionists at heart.

Libra (Sep 23 - Oct 22)

Often considered the nicest and most charming personality in the world!

WOW!

September in History: Teenagers Unearth Stunning Prehistoric Art

In September 1940, a group of teenagers stumbled upon the awe-inspiring Lascaux Cave paintings in France. These ancient artworks, dating back around 17,000 years, showcase a mesmerizing array of animals and intricate details.

Month in Review

Music Mike

Music Mike has graciously agreed to come and entertain the Residents.



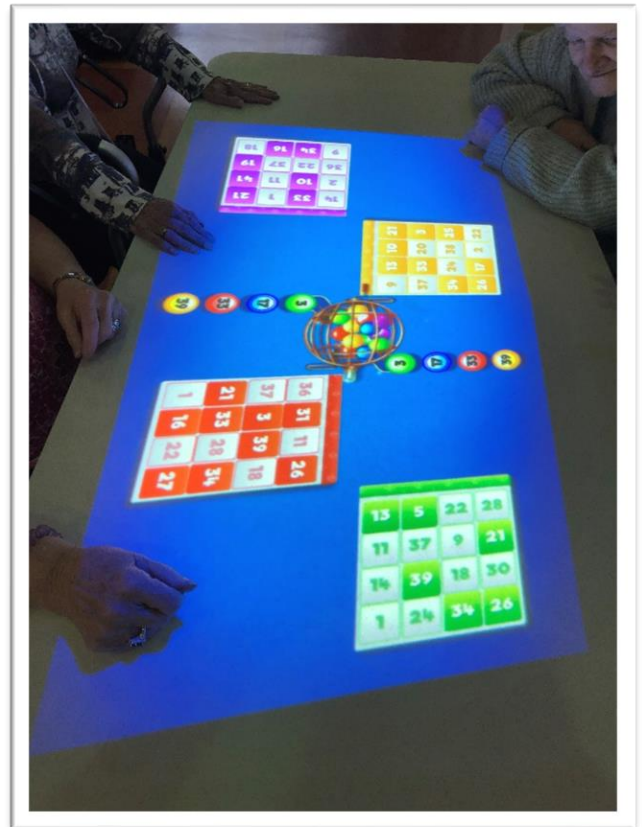
Paper Hat Boxes

The ladies made these beautiful hats that have a hidden box inside.



Obie Games

Residents enjoy a variety of games played using the Obie (an interactive gaming system).



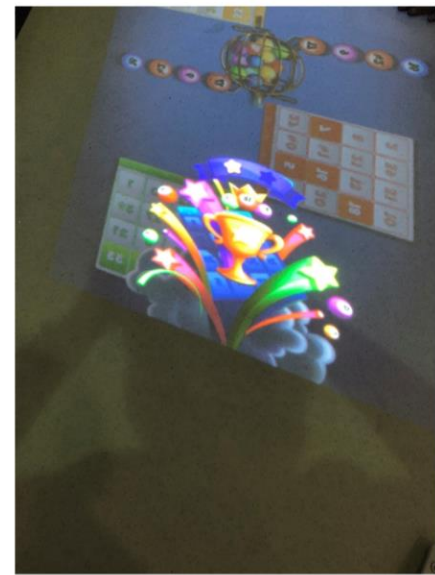
Month in Review



Craft ladies show off their Paper lanterns.



Ladies playing the Obie.
Yeah, I got a BINGO!



Afternoon activity, Bingo!

Upcoming Events

Resident's Meeting

Tuesday, September 5th 10:30 am in the Atrium

Pool Noodle Exercises

Tuesdays, Wednesdays, Thursdays, Saturdays & Sundays in the Atrium

Balloon Badminton

Tuesdays & Thursdays in the Atrium

Courtesy Car Service

Wednesdays

Hairdresser

Thursdays

Games

Daily except Saturdays 3pm in the Atrium

Everyone is welcome to join us for these daily events.



Special Days

- 4th Labor Day
- 10th Assisted Living Week
- 12th Chocolate Milkshake Day
- 19th Talk Like a Pirate Day
- 21st International Peace Day
- 21st World Gratitude Day
- 22nd Native American Day
- 25th Comic Book Day
- 28th Confucius' Birthday
- 29th Full Moon
- 30th World Maritime Day

September's full moon is the Harvest Moon and rises on September 29th. September's moon is also known as the Corn Moon, Fruit Moon, Barley Moon, and Hungry Ghost Moon.

Regular Events

Ice Cream

Friday, September 1st & 29th 3:00 pm

Resident's Choice Dinner

Thursday, September 7th

Happy Hour

Friday, September 15th 3:00 pm

Resident's Choice Supper

Tuesday, September 26th

September 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY











THURSDAY

FRIDAY

SATURDAY

"I used to love September, but now it just rhymes with remember."

Dominic Riccitello

						1	2
						9:00 Soccer 10:30 Bible Study 3:00 Ice Cream 6:30 Social Hour	10:30 Pool Noodle Exercises
3	4	5	6	7	8	9	
10:30 Pool Noodle Exercises 3:00 Dice Game 	9:30 Bean Bag Tournament \$2 3:00 Yahtzee <i>No Admin., Housekeeping or Maintenance Labor Day</i>	9:00 Balloon Badminton 10:30 Resident's Meeting 1:00 FCSS 3:00 Chase the Ace	<u>Courtesy Car</u> 9:00 Roller Ball 10:30 Pool Noodle Exercises 1:30 Walking 3:00 Rummikub	9:00 Balloon Badminton 10:30 Pool Noodle Exercises 1:00 Reader's Build 3:00 Darts Resident's Choice Dinner	9:00 Floor Curling 10:30 Soccer 10:30 Bible Study 3:00 6/49 Game 6:30 Social Hour Happy Birthday Laura! 	10:30 Pool Noodle Exercises	
10	11	12	13	14	15	16	
10:30 Pool Noodle Exercises 3:00 Dice Game  National Assisted Living Week	9:00 Shuffleboard Tournament \$2 1:30 Craft 6:00 Good News	9:00 Balloon Badminton 10:30 Pool Noodle Exercises 1:00 FCSS 3:00 Bingo	<u>Courtesy Car</u> 9:00 Roller Ball 10:30 Pool Noodle Exercises 1:30 Walking 3:00 31 Card Game Happy Birthday Albert! 	9:00 Balloon Badminton 10:30 Pool Noodle Exercises 2:00 Music Mike	9:00 Soccer 10:30 Bible Study 3:00 Happy Hour 6:30 Social Hour Happy Birthday Gerald! 	10:30 Pool Noodle Exercises	
17	18	19	20	21	22	23	
10:30 Pool Noodle Exercises 3:00 Dice Game Happy Birthday Amber!  	9:30 Bean Bag Tournament \$2 1:30 Walking 3:00 Chase the Ace 6:00 Good News	9:00 Balloon Badminton 10:30 Pool Noodle Exercises 1:00 FCSS 3:00 Phase 10	<u>Courtesy Car</u> 9:00 Roller Ball 10:30 Pool Noodle Exercises 1:30 Walking 3:00 Horse Race Game	9:00 Balloon Badminton 🍷 10:30 Pool Noodle Exercises 1:00 Reader's Build 3:00 Obie Games Peace Day	9:00 Floor Curling 10:30 Soccer 10:30 Bible Study 3:00 Card Bingo 6:30 Social Hour	10:30 Pool Noodle Exercises Autumn 	
24	25	26	27	28	29	30	
10:30 Pool Noodle Exercises 3:00 Dice Game 	9:00 Shuffleboard Tournament \$2 1:30 Walking 3:00 Rummikub 6:00 Good News	9:00 Balloon Badminton 10:30 Pool Noodle Exercises 1:00 FCSS 3:00 31 Card Game Resident's Choice Supper	<u>Courtesy Car</u> 9:00 Roller Ball 10:30 Pool Noodle Exercises 1:30 Walking 3:00 Pennies Dice Game 	9:00 Balloon Badminton 10:30 Pool Noodle Exercises 3:00 Uno Happy Birthday Hans!	9:00 Soccer 10:30 Bible Study 3:00 Ice Cream 6:30 Social Hour Full Moon 	10:30 Pool Noodle Exercises	

Noticeboard



LABOR DAY

*Monday September 4th
is a civic holiday, there will be
no Administration,
Housekeeping, or
Maintenance staff available
on this day!*

REMINDERS

HOUSEKEEPING

Rooms are cleaned on a weekly basis. This includes dusting, vacuuming, changing linens, and bathrooms. Residents are reminded to keep their rooms neat and tidy, no garbage or clothing on the floor.

Housekeeping will dust furniture surfaces but will not assume responsibility for dusting ornaments in case of breakage.

LAUNDRY

All residents as well as family members are free to wash the resident's personal laundry in the Resident Laundry Room. Each wing is assigned two wash days to help make sure everyone gets their time in.

There is a sign posted in the laundry room to remind you of your days. Please be sure to follow the scheduled days for your wing. It is not fair to others if you are doing your laundry on the wrong day.

In the case where a resident does not wish to do his/her own laundry, the Lodge provides laundry service on the weekends (Saturdays & Sundays) for a fee.

WINNERS

Bean Bag Tournament:

July 31: Betty, Karen, &
John N.

August 21: Helen 1st Karen 2nd &
John C. 3rd

Shuffleboard:

August 7: Karen & Dorothy/ Jessie &
John C.

August 14: Jessie & John C./ Betty &
Janice

Rollerball:

August 2: Gladys, Albert, Rose, Jessie,
Jeanette, & Helen

August 9: Jessie, John C., Penny, Gerry,
Linda, & Keith

August 16: Helen, Jessie, Gerry, &
Gladys

August 23: Betty, Jeanette, Gladys,
Willow, John C. & Janice

Floor Curling:

July 28: Jeanette, Helen, Betty &
Janice

August 11: Jessie, Helen, Penny & Hans

Bingo:

Betty, Hans, Donna, & Dorothy

Poem to Share



Music

When music sounds, gone is the earth I know,
And all her lovely things even lovelier grow;
Her flowers in vision flame, her forest trees
Lift burdened branches, stilled with ecstasies.

When music sounds, out of the water rise
Naiads whose beauty dims my waking eyes,
Rapt in strange dreams burns each enchanted face,
With solemn echoing stirs their dwelling-place.

When music sounds, all that I was I am
Ere to this haunt of brooding dust I came;
And from Time's woods break into distant song
The swift-winged hours, as I hasten along.

- *Walter de la Mare*

Laughing Matters



**Here's a few music-inspired jokes to keep you laughing...
or groaning!**

How do you fix a broken tuba?
With a tuba glue!

What musical key do cows sing in?
Beef flat.

What's the difference between a piano and a fish?
You can't tuna fish!

Why did the pianist keep banging his head against the keys?
He was playing by ear!

What type of music are balloons afraid of?
Pop music!

What key do you get when you drop a piano down a mine shaft?
A flat miner.

What type of songs do planets sing?
Nep-tunes!

Why did the singer climb a ladder?
To reach higher notes!

What do you get when you cross a sweet potato and a jazz musician?
A yam session!

Why was the musician arrested?
Because she got in treble!

Word Search

CLASSICAL MUSIC



S F P R L I H V I O L I N M
C M Z I D K F V T N N X A C
D E C C A J U R I R J B Z E
C L A R I N E T O V M L E L
X O B R T C O H B L A L Z L
U D B E N Y H T Y Q B L Y O
F Y B O E C L O I M H J D H
A P C M N T P A E M M A X I
N W S E O M H S R V P D R J
F O R T E Z N O A G N A L P
A F N T Y E A D V R O G N G
R V D W Y E F R H E F I P I
E Q U A R T E T T K N O C I
O E P L F L U T E Q W Y F I

Violin

Flute

Adagio

Quartet

French Horn

Timpani

Clarinet

Fanfare

Beethoven

Concerto

Piano

Tempo

Ensemble

Vivaldi

Melody

Cello

Forte

Largo

Harp

Mozart