# **NEWSLETTER May 2023**

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## Editor's Desk

Hello Residents, Families and Friends!

April was a difficult month for some Residents of the lodge.

Just when we think Covid is gone it rears its ugly head. With a few cases of Covid staff were back to masking up and Residents were asked to take extra precautions to help prevent the spread.



Activities were cancelled which made the days a little bit longer for some Residents.

We would like to thank all the Residents and their families for their patience and understanding during these uncertain times and conditions. It makes everyone's job that much easier and less stressful when we have such caring compassionate Residents.

Keep Safe!

Janice Povey

### **May Trivia**

The Month of May. May is named for the Roman goddess Maia, who oversaw the growth of plants.

Zodiac signs: **Taurus & Gemini** Birthstone: **Emerald** Flower: **Lily of the Valley** 

## **Quote of the Day**

You are never too old to set another goal or to dream a new dream.

– C.S. Lewis

# May Birthdays

In May, we celebrate birthdays with:

- Care Giver Lori 8<sup>th</sup>
- DRC Janice 9<sup>th</sup>
- Resident Howard 21<sup>st</sup>
- Resident John N. 27<sup>th</sup>
- Resident Jessie 28<sup>th</sup>

Please wish everyone a Happy Birthday on their special day!

> **Pisces (Apr 20 – May 20)** Taureans are dependable, logical, and overall peaceful beings.

birthday!

Gemini (May 21 – Jun 20) Geminis love to learn, and they never stop wondering about the unexplained

Glenn Ford, Actor, 1st May 1916 Bing Crosby, Singer, 2nd May 1904 Lesley Gore, Singer, 2nd May 1946 Audrey Hepburn, Actress, 4th May 1929 Karl Marx, Philosopher, 5th May 1818 Sigmund Freud, Psychiatrist, 6th May 1856 Orson Welles, Actor, 6th May 1915 Stevie Wonder, Singer, 13th May 1950 Peggy Lee, Singer, 26th May 1920 Clint Eastwood, Actor, 31st May 1930

#### **First Telephone Phone Call**

In May of 1876, Alexander Graham Bell made the first successful telephone call, famously saying "Mr. Watson, come here, I want to see you."

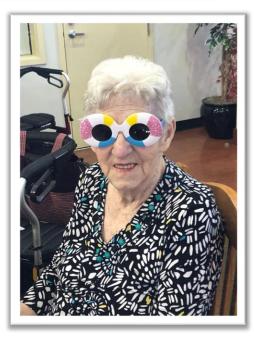
## Month in Review





**Craft Bunnies for Easter** 

Bingo Winners! Ladies sporting a new look, wearing a pair of sunglasses they won at bingo!



#### **PDL Walkers**

Three PDL Residents headed out for our first walk of the season. Was a little cloudy but they really enjoyed getting out for the afternoon. Afterward they could be seen relaxing in the gazebo.





# Noticeboard



#### **MOTHER'S DAY TEA**

Resident's would like to invite everyone to come and celebrate the ladies of the lodge at our annual Mother's Day Tea. Unfortunately it has been a couple of years so let's make this one extra special for all these beautiful ladies.



Date: Friday, May 5<sup>th</sup> Time: 2:00 pm Where: PDL Atrium Cost: \$5.00

#### 2022 NOTICE OF ASSESSMENT

It is tax time again! Please bring your 2022 Notice of Assessment from Revenue Canada to Gloria as soon as you receive it!

#### REMINDERS

Residents, please let staff know when you are going to be away for any meals, overnight or longer and to check in with them once they've returned.

Residents must bathe and wash their hair at least once per week and must wear clean, tidy, and appropriate clothing.

Residents, please leave your room while it is being cleaned. Please discard any extra newspapers, magazines, and boxes.

When using the Courtesy Car please pay \$2/ride to help go against the price of gas. Please pay Janice.

#### WINNERS

Bean Bag Tournament: April 10: Cancelled April 24: Cancelled

#### Shuffleboard:

April 3: Betty & Karen/Jessie & John C. April 17: Cancelled

#### <u>Rollerball:</u>

April 5: Jessie, John N., Penny, Gladys, & Karen April 12: Cancelled April 19: Cancelled April 26: John C., Gerry, Betty, Willow, Gladys & John N.

> <u>Floor Curling:</u> April 14: Cancelled

<u>Bingo:</u> Dorothy, Hans & Helen

#### Easter Egg Contest:

Dorothy Consulation: Karen



Monday, May 22<sup>nd</sup> is Victoria Day! There will be no Admin, Housekeeping or Maintenance at the Lodge on this day!

## **Upcoming Events**

Resident's Meeting Tuesday, May 2nd 10:30 am in the Atrium

**Pool Noodle Exercises** Tuesdays, Wednesdays, Thursdays, Saturdays & Sundays in the Atrium

Balloon Badminton Tuesdays & Thursdays in the Atrium

Courtesy Car Service Wednesdays

Hairdresser

Thursdays

#### Games

Daily except Saturdays 3pm in the Atrium Everyone is welcome to join us for these daily events.

## **Regular Events**

**Resident's Choice Supper** Tuesday, May 9<sup>th</sup>

Ice Cream Floats Friday, May 19<sup>th</sup> 3:00 pm

**Resident's Choice Dinner** Thursday, May 25<sup>th</sup>

Happy Hour Friday, May 26<sup>th</sup> 3:00 pm



#### Special Days

4 <sup>th</sup>	Space Day
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- 5<sup>th</sup> Cinco de Mayo
- 5<sup>th</sup> Full Moon
- 6<sup>th</sup> Coronation Day
- 6<sup>th</sup> Kentucky Derby
- 12<sup>th</sup> Intl. Nurses Day
- 14<sup>th</sup> Mother's Day
- 16<sup>th</sup> Cannes Film Festival
- 22<sup>nd</sup> Victoria Day

May's full moon occurs on Friday, May 5<sup>th</sup> and is known as the Flower Moon. It is called the Flower Moon because blossoms are abundant this time of year.

## May 2023

SUNDAY	SUNDAY MONDAY		WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 9:30 Shuffleboard Tournament \$2 1:30 Craft 6:30 Good News	2 9:00 Balloon Badminton 10:30 Residents Meeting 1:30 Walking 3:00 Chase the Ace	Courtesy Car39:00 Roller Ball10:30 Pool NoodleExercises1:30 Walking3:00 Bingo	4 9:00 Balloon Badminton 10:30 Pool Noodle Exercises 3:00 Dice Golf	5 9:00 Soccer 10:30 Bible Study 2:00 Mother's Day Tea 6:30 Social Hour Full Moon	6 10:30 Pool Noodle Exercises Coronation Day	
7 10:30 Pool Noodle Exercises 3:00 Dice Game	8 9:00 Bean Bag Tournament \$2 1:30 Walking 3:00 31 Card 6:30 Good News Happy Birthdav Lori!	9 9:00 Balloon Badminton 10:30 Pool Noodle Exercises 1:00 Readers Build 3:00 Uno Happy Birthday Janice! Resident's Choice Supper	Courtesy Car 10 9:00 Roller Ball 10:30 Pool Noodle Exercises 1:30 Walking 3:00 Pennies Dice Game	11 9:00 Balloon Badminton 10:30 Pool Noodle Exercises 2:00 Old Time Music	12 9:00 Floor Curling 10:30 Soccer 10:30 Bible Study 3:00 Checkers 6:30 Social Hour Nurses' day	<b>13</b> 10:30 Pool Noodle Exercises	
10:30 Pool 14 Noodle Exercises 3:00 Dice Game Mother's Day	15 9:30 Shuffleboard Tournament \$2 1:30 Craft 6:30 Good News	16 9:00 Balloon Badminton 10:30 Pool Noodle Exercises 1:30 Walking 3:00 Obie Games	Courtesy Car 17 9:00 Roller Ball 10:30 Pool Noodle Exercises 1:30 Walking 3:00 Chase the Ace	18 9:00 Balloon Badminton 10:30 Pool Noodle Exercises 2:00 Old Time Music	19 9:00 Soccer 10:30 Bible Study 3:00 Ice Cream 6:30 Social Hour	20 10:30 Pool Noodle Exercises	
10:30 Pool 21 Noodle Exercises 3:00 Dice Game Happy Birthday Howard!	Victoria Day 22 9:00 Bean Bag Tournament \$2 2:30 Bumps 6:30 Good News No Admin., Housekeeping or Maintenance	23 9:00 Balloon Badminton 10:30 Pool Noodle Exercises 1:30 Walking 3:00 Pennies Dice Game	Courtesy Car 24 9:00 Roller Ball 10:30 Pool Noodle Exercises 1:30 Walking 3:00 31 Card Game	25 9:00 Balloon Badminton 10:30 Pool Noodle Exercises 1:00 Readers Build 3:00 Card Bingo Resident's Choice Dinner	26 9:00 Floor Curling 10:30 Soccer 10:30 Bible Study 3:00 Happy Hour 6:30 Social Hour	27 10:30 Pool Noodle Exercises Happy Birthday John N.!	
10:30 Pool <b>28</b> Noodle Exercises 3:00 Dice Game Happy Birthday Jessie!	29 9:30 Shuffleboard Tournament \$2 1:30 Walking 3:00 Yahtzee 6:30 Good News	30 9:00 Balloon Badminton 10:30 Pool Noodle Exercises 3:00 Obie Games 6:30 Church Service	Courtesy Car 31 9:00 Roller Ball 10:30 Pool Noodle Exercises 1:30 Walking 3:00 Chase the Ace				

## **Poem to Share**

## **Planting Your Spring Garden**

#### For the Garden of Your Daily Living:

Plant Three Rows of Peas

- 1. Peas of Mind
- 2. Peas of Heart
- 3. Peas of Soul

Plant Four Rows of Squash

- 1. Squash Gossip
- 2. Squash Indifference
- 3. Squash Grumbling
- 4. Squash Selfishness

Plant Four Rows of Lettuce

- 1. Lettuce be Faithful
  - 2. Lettuce be Kind
- 3. Lettuce be Patient
- 4. Lettuce Really Love One Another
- No Garden is Complete Without Turnips
  - 1. Turnip for Meetings
    - 2. Turnip for Service
  - 3. Turnip to Help One Another



- To Conclude Our Garden, We Must Have Thyme
  - 1. Thyme for Each Other
    - 2. Thyme for Family
    - 3. Thyme for Friends

Water freely with Patience and cultivate with Love. There is much fruit in your garden because you reap what you sow!!!

# **Laughing Matters**

#### Breakfast

A wife was making a breakfast of fried eggs for her husband. Suddenly, her husband burst into the kitchen.

'Careful,' he said, 'CAREFUL! Put in some more butter! Oh my gosh! You're cooking too many at once. TOO MANY! Turn them! TURN THEM NOW! We need more butter. Oh my gosh! WHERE are we going to get MORE BUTTER? They're going to STICK! Careful. CAREFUL! I said be CAREFUL! You NEVER listen to me when you're cooking! Never! Turn them! Hurry up! Are you CRAZY? Have you LOST your mind? Don't forget to salt them. You know you always forget to salt them. Use the salt. USE THE SALT! THE SALT!

The wife stared at him:

'What in the world is wrong with you? You think I don't know how to fry a couple of eggs?'

To which her husband calmly replied:

'I just wanted to show you what it feels like when I'm driving.'

#### **Short Jokes**

Why did the tomato turn red? Because it saw the salad dressing!

Two guys stole a calendar. *They got six months each.* 

Why did the old man fall in the well? Because he couldn't see that well.

Did you hear about the restaurant called Karma? There's no menu - you get what you deserve.



Word Search

NURSES



G	R	Е	S	Е	Α	R	С	н	F	Х	J	Т	С	Q	R	Е
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Challenge	Options	Satisfying	Emergency
Confident	Creative	Technology	Compassionate
Surgical	Professional	Stressful	Treatment
Tolerant	Forensic	Temperature	Career
Research	Critical	Bandage	Caring